



SCHOOL PACKAGES



Vivo is a charity with a profound purpose; to ignite a mindset to **LIVE** for healthier generations.

Our Collaboratory applies leading practices in social innovation to co-create and measure new kinds of healthy living solutions, and our Centre is an inclusive environment for healthy lifestyles. We create meaningful impact with individuals, the community and the planet.

Booking your next event at Vivo means that not only will you have a unique experience based on your needs, and the needs of your group, but that you are empowering generations to do the same.

If you have any questions, please reach out to any of the Vivo team.

Pricing noted herein are subject to GST and change at any time.

School Packages

A transformative experience for tomorrow's leaders

Introducing our transformative school activity packages at Vivo for Healthier Generations!

Engage students in interactive sessions, empowering them with knowledge about health and sustainability, fostering a brighter future.

Join us in shaping tomorrow's leaders through engaging and impactful experiences.



How to book

Email events@vivo.ca

Call us at 403-817-9208

Visit our website vivo.ca

EACH PACKAGE INCLUDES:

**An event coordinator assisting with
booking and event needs**

**All membership holders receive 15% off
packages**

Boxing Camp



MEMBERS \$250 | NON-MEMBERS \$287
EACH ADDITIONAL PARTICIPANT \$25

Empower young minds with our boxing camp for kids package at Vivo, where children will not only learn essential self-defense skills but also build confidence, discipline, and teamwork, all in a safe and supportive environment guided by expert trainers.

EACH PACKAGE INCLUDES:

1 hour workshop
1 certified instructor
15 minutes warm-up
15 minutes cool down

Minimum 10 participants per camp. Maximum 20 participants per camp. Comfortable attire required. Boxing gloves not included, available to rent at additional cost.

Boot Camp

MEMBERS \$250 | NON-MEMBERS \$287
EACH ADDITIONAL PARTICIPANT \$25

Enroll in our dynamic boot camp for kids package at Vivo and watch children thrive as they develop physical strength, resilience, and teamwork, fostering a healthy and active lifestyle through a series of engaging and fun-filled challenges.

EACH PACKAGE INCLUDES:

1 hour workshop
1 certified instructor
15 minutes warm-up
15 minutes cool down

Minimum 10 participants per camp. Maximum 20 participants per camp. Comfortable attire required.



Skating Camp



MEMBERS \$250 | NON-MEMBERS \$287
EACH ADDITIONAL PARTICIPANT \$25

Enroll in our skating lessons package at Vivo, where kids will experience the thrill of learning to skate in a safe and supervised environment, gaining confidence, balance, and coordination while fostering a love for physical activity and sports.

EACH PACKAGE INCLUDES:

1 hour workshop
1 certified instructor
15 minutes warm-up
15 minutes cool down

Minimum 10 participants per camp. Maximum 20 participants per camp.
Comfortable attire required. Skates and CSA approved helmet not included, but mandatory.

HIIT Camp

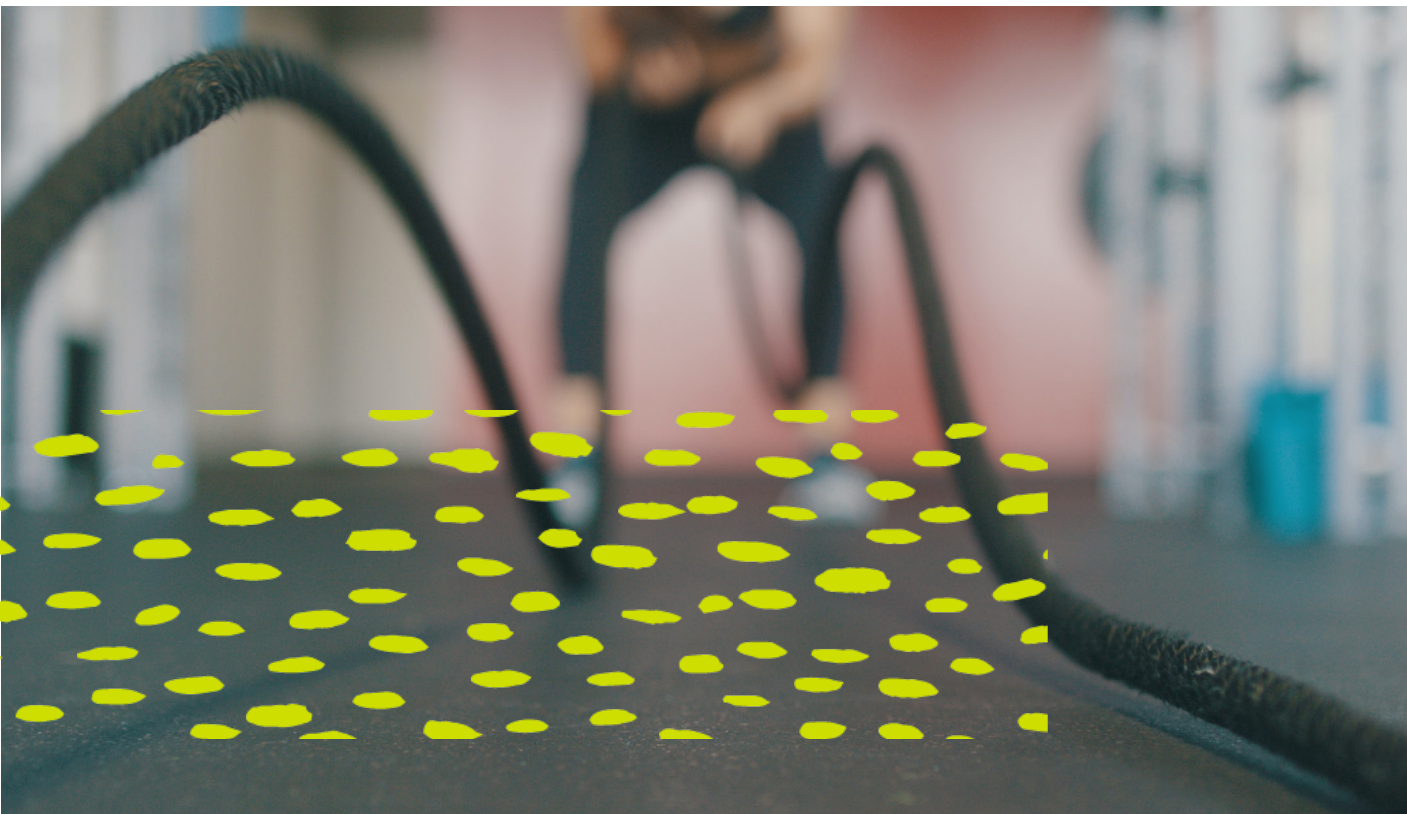
MEMBERS \$250 | NON-MEMBERS \$287
EACH ADDITIONAL PARTICIPANT \$25

Empower kids with our HIIT camp package at Vivo, where they will embark on an exhilarating journey of high-intensity interval training, fostering improved fitness levels, discipline, and self-confidence in a fun and supportive atmosphere led by experienced trainers.

EACH PACKAGE INCLUDES:

1 hour workshop
1 certified instructor
15 minutes warm-up
15 minutes cool down

Maximum 10 participants for the activity. Participants must wear comfortable close-toed running shoes.



Climbing Camp



**MEMBERS \$250 | NON-MEMBERS \$287
EACH ADDITIONAL PARTICIPANT \$25**

Elevate children's sense of achievement and adventure with our climbing camp package at Vivo, where kids will conquer new heights, develop problem-solving skills, and build resilience through thrilling rock climbing experiences, all under the guidance of certified instructors in a safe and challenging environment.

**Minimum 10 participants per camp. Maximum 20 participants per camp.
Comfortable attire and closed-toe shoes required.**

EACH PACKAGE INCLUDES:

**Certified climbing
instructor
2 hours climbing time
Equipment included**

Swimming Lessons

MEMBERS \$250 | NON-MEMBERS \$287
EACH ADDITIONAL PARTICIPANT \$25

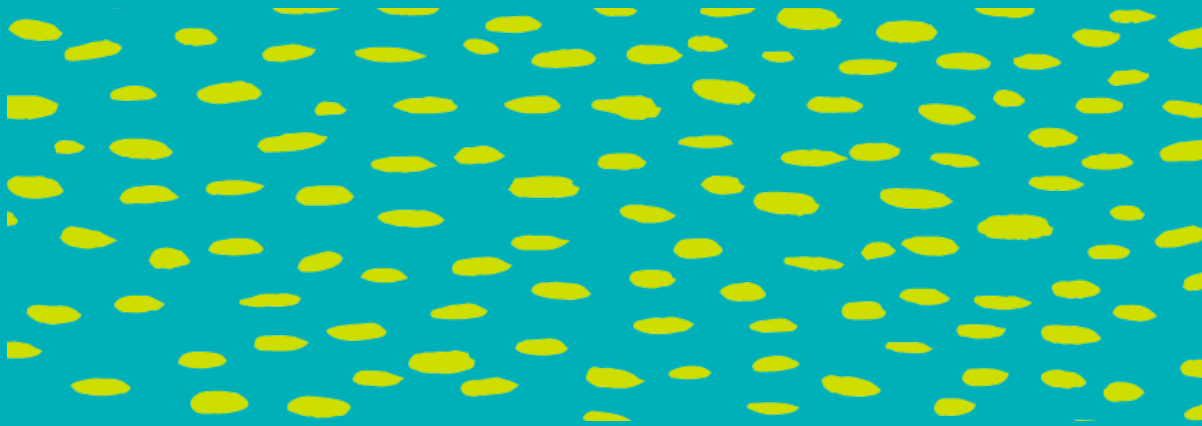
Dive into the world of grace and teamwork with our synchronized swimming package at Vivo, where kids will discover the art of synchronized swimming, building water confidence, coordination, and cooperation while enjoying a unique and rewarding aquatic experience.

EACH PACKAGE INCLUDES:

Certified swim instructor
2 hour lesson
Lifeguard on-site

Minimum 10 participants per camp. Maximum 20 participants per camp.
Appropriate swim attire and towel required.





www.vivo.ca @vivoyourlife info@vivo.ca