



# THREE STEP CHECKLIST TO ACCESS VIVO

## 1. Before You Visit

### First Visit:

- a. **Sign the Waiver.** Anyone accessing Vivo is required to sign one time online at vivo.ca. If you have no online access we'll help do it in-person at Vivo.
- b. **Download Vivo's MyWellness App** to pre-book your spot for our experiences.

### Every Visit:

- a. **Complete a Health Screening.** Answer 3 questions online to gain access.
- b. **Pre-Book Your Spot.** All areas of the facility and experiences are by booking online only up to 2 days in advance.
- c. **Check vivo.ca** for latest updates and FAQ's to help support any of your burning questions.
- d. **Tell us** what more Vivo can do to help you live your best life

## 2. During Your Visit

- **Park** by the arenas and access the facility now through the East Entrance.
- **Pay** at the Guest Services Desk to the right in the East Lobby area. (Drop-ins require ID)
- **Go** to the Fitness Centre Desk and scan your membership card to access the facility to play.
- **Practice Healthy Habits**

Stay or Go Home if you are sick.



Practicing thorough HAND HYGIENE.



Use the designated pathways.



Practicing PHYSICAL DISTANCING.



Check for the Green & Red signs when using the equipment.



Cleaning all surfaces touched during your visit with the supplies provided.



## 3. After Your Visit

**Discard** disposable masks, gloves, sanitization towels in the bin labelled PPE.

**Sanitize** or clean your hands.

**Exit** the facility as per signage and designated pathways.

**Enjoy** the rest of your day and come play again soon!