

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Cycle & Core 6am - 7am Move Lab	Boot Camp 6am - 7am Blue Gym	Cycle & Core 6am - 7am Move Lab	Bootcamp 6am - 7am Blue Gym		
Public Swim 7am - 9am	Public Swim 5:30am - 4:30pm	Yoga Flow 6:30am - 7:30am Active Lab	Public Swim 5:30am - 4:30pm			Public Swim 7am - 9am
	Step & Core 8:00am - 9:00 am Blue Gym	Deep Aquafit 8am - 8:55am Rahmi	Total Body Workout 8am - 9am Blue Gym	Tethered Aquafit 8am - 8:55am Agatha	Deep Aquafit 8am - 8:55am Rahmi	Shallow Aquafit 8am - 8:55am Michelle
Chisel Fit 9am - 10am Active Lab	Yoga Ying-Yang 9am 10am Idea Lab	Cycle 8am - 9am Move Lab	Shallow Aquafit 9am - 9:55am Naz	Shallow Aquafit 9am - 9:55am Agatha	Shallow Aquafit 9am - 9:55am Naz	Total Body Workout 8:30am - 9:30am Blue Gym
	HIIT 9:15am - 10:15am Blue Gym	Active Start 9:15am - 10:15am Active Lab	Cycle 9:15am - 10:15am Move Lab	ZUMBA® 9:15am - 10:15am Blue Gym	Cycle 9:15am - 10:15am Move Lab	Yoga Flow 9:15am - 10:15pm Active Lab
Play Lab 8:30am - 12:30pm	Yoga Release 9:15am - 10:15am Active Lab	Warrior Bootcamp 9:15am - 10:15am Blue Gym	Parent & Tot 10am - 12pm Red Gym	TAI CHI 10:15am - 11am Active Lab	Total Body Workout 9:15am - 10:15am Blue Gym	Shallow Aquafit 9am - 9:55am Rahmi
Family Play with Play Ambassador 10am - 1pm	Yoga Release 10:10am - 11am Active Lab	Play Lab 8:30am - 1:30pm	Public Swim 5:30am - 4:30pm	Parent & Tot Climbing 10:30am - 12:30pm	Play Lab 8:30am - 1:30pm	Zumba® 9:45am - 10:45am Blue Gym
	Public Swim 5:30am - 4:30pm	Public Swim 5:30am - 4:30pm	Parent & Tot Swimming 10am - 12pm	Public Swim 5:30am - 4:30pm	Public Swim 5:30am - 4:30pm	Cycle 11am - 12pm Move Lab
Public Skate 2pm - 3:15pm						Play Lab 8:15 - 12:30pm
Parent & Child Shiny 3:30pm - 4:45pm						Climbing 11am - 2:45pm
Public Swim 12pm - 8:30pm						
	Warrior Bootcamp 5:00pm - 5:50pm Active Lab	Family Play with Play Ambassador 5:30pm - 7:30pm Yellow Gym	HIIT 5pm - 5:50pm Active Lab	Cycle & Circuit 5pm - 6pm	Spontaneous Play with Play Ambassador 5:30pm - 7:30pm Main Street	Public Swim 12pm - 8:30pm
	Zumba® 6:30pm - 7:30pm Yellow Gym	Total Body Workout 6:30pm - 7:30pm Blue Gym	Aqua Intervals 6:15pm - 7pm Chandler	HIIT 6:30pm - 7:30pm Blue Gym	Yoga Yin 5pm - 6pm Active Lab	
	Cycle 6:00pm - 7:00pm Move Lab	Climbing 5:30pm - 9pm	NEW Cycle & Circuit 5pm - 6pm Move Lab	Play Lab 4:15pm - 7:45pm	Zumba® 6:15pm - 7:15pm Blue Gym	
			Dancepl3y for Families 5:30pm - 6:20pm Play Lab	Cycle 6pm 7pm Move Lab	Learn to Belay Climbing 6pm - 7:30pm	
				Candlelight Yoga 7pm - 8pm Active Lab	Climbing 5pm - 9:30pm	
	Public Swim 7pm - 10pm	Climbing 6:30pm - 9pm		Public Swim 7pm - 10pm	Youth Night with Play Ambassadors 7:30pm - 10pm Blue Gym	
	Yoga Flow 8pm - 9pm Play Lab					
	Adult Shiny 10:30pm - 11:45pm					

DRYLAND	PLAY LAB	YOUTH	ICE	WATER	FAMILY	CLIMB
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